

Boundary County School District 101

9-12gr Fall lunch

001 - BONNERS FERRY HIGH SCHOOL

Secondary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 HOLIDAY	Jan - 2 VACATION	Jan - 3 VACATION	Jan - 4
Jan - 7 Hamburger Delux Shoestring Fries Sweet Potato Fries Fruit Canned Milk, Chocolate Milk 1%	Jan - 8 BBQ Pork Sandwich Corn Apple Fresh Peaches Celery Bites Milk, Chocolate Milk 1%	Jan - 9 Burrito Tortilla Chips Refried Beans Lettuce/Tomatos Fruit Canned Milk, Chocolate Milk 1%	Jan - 10 Cheese Pizza Green Salad Cherry Tomatoes Rice Crispy Treat Peaches Milk 1% Milk, Chocolate	Jan - 11
Jan - 14 Chicken Burger Dlx Potato Wedges Broccoli Fresh Apples Fresh Assorted Juice Milk, Chocolate Milk 1%	Jan - 15 Stuff Crust Pizza Chicken Chef Salad Carrot Sticks Celery Sites Fruit Canned Cream Bites Milk, Chocolate Milk 1%	Jan - 16 Chicken Alfredo Taco Salad Individual Green Peas Rolls/Buns Fruit Canned Milk, Chocolate Milk 1%	Jan - 17 Beef Nachos Refried Beans Lettuce/Tomato Fruit Canned Milk, Chocolate Milk 1%	Jan - 18
Jan - 21 Pepperoni Rippers Green Salad Garbonzo Beans Peaches Pudding Cup Milk, Chocolate Milk 1%	Jan - 22 Chicken Bowl Chicken Chef Salad Fruit Canned Rolls/Buns Milk 1% Milk, Chocolate	Jan - 23 Pork Roast Taco Salad Individual Mashed Potatoes Country Gravy Cherry Tomatoes Rolls/Buns Fruit Canned Frozen Juice Cup Milk, Chocolate Milk 1%	Jan - 24 Cheese Zombie Tomato Soup Cauliflower Raw Fresh Oranges Crackers Milk, Chocolate Milk 1%	Jan - 25
Jan - 28 Chicken Drumstick Mashed Potatoes Chicken Gravy Pork and Beans Rolls/Buns Cinnamon Apple Sauc Milk, Chocolate Milk 1%	Jan - 29 Cheesy Bread & Mari Chicken Chef Salad Green Salad Fresh Cucumbers Fruit Canned Milk, Chocolate Milk 1%	Jan - 30 Garlic Cheese Ripper Taco Salad Individual Mixed Veggies Homemade Bean & P Goldfish Crackers Fruit Canned Milk, Chocolate Milk 1%	Jan - 31 Ham & Cheese Sub Chips Lettuce/Tomato Carrots/Celery Fruit Canned Fruit Roll Milk, Chocolate Milk 1%	

This institution is an equal opportunity provider
 Must take 3 of the 5 items offered
 Choice of fruit, milk and veggies daily!
 Menus May change without notice.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.